

MEET us in the Mediterranean

The Mediterranean Experience of Eco-Tourism (MEET) is a not-for-profit ecotourism development project, coordinated by a network of representatives from 20 protected areas of eight Mediterranean countries: **Italy, France, Spain, Greece, Malta, Jordan, Lebanon and Tunisia.**

The MEET network works with local communities to create **unique local experiences** within natural parks for small groups (**4-12 people**) from international markets (**Australia, United States, Canada and UK**), all based on sustainable principles which benefit both the environment and local communities.

Look forward to MEETing you!



▲ Dune Costiere da Torre Canne a Torre San Leonardo Natural Park (Italy)

Meet your next experience



Sea



Lands



Culture

A snorkel in the mountain



Samaria National Park



WHAT Land, sea, culture, nature & gastronomy
WHO Adults & adventurers
WHEN 6 days // 5 nights

The White Mountains of Crete, a protected mountainous and coastal area, a National Park, a stairway to history and culture in Crete, the largest island in Greece and most southern part of Europe.

Gourmand Cevennes



Cevennes National Park



WHAT Hiking & gastronomy
WHO Adults
WHEN 4 days // 3 nights

Hike to discover the exceptional biodiversity and particular balance of between man and nature of Cevennes National Park and spoil your senses with daily gourmet dinners of local products.

Slow it down



Port Cros National Park



WHAT Hiking, culture & sea
WHO Friends & adults
WHEN 5 days // 4 nights

Enjoy Port Cros National Park in harmony with nature thanks to slow tourism, getting around by kayak, cycling, strolls and a sailboat to see the most beautiful landscapes for a complete immersion within the territory and its biodiversity.

Volun-tourism in Malta



Il-Majjistral Nature and History Park



WHAT Hiking, history & volun-tourism
WHO Adults, families, friends
WHEN 4 days // 3 nights

Enjoy a complete Mediterranean experience by hiking or diving, eating, enjoying and relaxing away from the crowds discovering Malta's first Natural National Park.

Meet the Phoenician Side in You



Al Shouf, Jabal Moussa Biosphere Reserves and Tyre Coast Nature Reserve



WHAT Hiking, history & gastronomy
WHO Adults, families, couples & friends
WHEN 9 days // 8 nights

Discover the land of the Phoenicians; rest, like they did, under the shadow of The Cedar Tree, in the Shouf Biosphere Reserve. Learn ancient boat construction in Tyre Coast Nature Reserve. Listen to their legends in Jabal Moussa Biosphere Reserve and understand the meaning of nature worshipping and conservation.

Aegean's Heart



Northern Karpathos National Park



WHAT Hiking, diving & history
WHO Adults, families, couples, friends
WHEN 6 days // 5 nights

A remote island at the south eastern corner of the Aegean Sea; a unique stage for a combination of trekking, diving sessions, cycling, gastronomy and culture at the National Park of Northern Karpathos and Saria Island.

Arts & artisans



Natural and cultural landscapes that inspired Salvador Dalí



WHAT	Landscape, culture & gastronomy
WHO	Friends & adults
WHEN	8 days // 7 nights

Learn about the geology of Cap de Creus, observe the biodiversity of Aiguamolls, and be amazed by the cliffs of the Medes Islands and Montgrí, while following thousands of years of Mediterranean history that shaped our civilization.

Jordan EcoTrail



Dana, Mujib & Ajloun Biosphere Reserves



WHAT	Hiking, nature & eco-adventure
WHO	Adults, families, couples, friends
WHEN	8 days // 7 nights

Visit three unique biosphere reserves in Jordan that encompasses four different bio-geographical zones, while immersing yourself in an experience of local culture and traditional cuisine.

Costas & Cucinas in an Apulian protected area



Coastal Dunes Regional Park



WHAT	Culture, nature & gastronomy
WHO	Adults, families, couples & friends
WHEN	4 days // 3 nights

Join us in the most south-eastern coast of Italy, in the natural heart of Puglia: the Coastal Dunes Park will be full thousand emotions of nature, history and Mediterranean tastes.

Discovering Sinis: the land of two seas



Sinis Regional Park



WHAT	Culture, gastronomy & nature
WHO	Adults, couples & friends
WHEN	4 days // 3 nights

Sinis Peninsula: a beautiful land in the central western coast of Sardinia where you will walk ancient roman roads of Tharros, breath the pure air of the sea, discover white grains beaches and limestone cliffs.

Tunisia Northern landscapes



Ichkeul, Boukournine National parks and Chikly Island



WHAT	Hiking, birdwatching, culture
WHO	Adults, families, couples & friends
COMING SOON	

Discover a different scent of exotic Tunisia while visiting three Protected Areas of the Northern territory facing the Mediterranean. Learn about local wildlife and its conservation, traditional uses and millenary history in ancient Cartago.

Flower Power



Monte Rufeno Regional Park



WHAT	Culture, nature & gastronomy
WHO	Adults & families
WHEN	5 days // 4 nights

In the very north of the Lazio region (half way between Rome and Florence though far from crowded mass tourism) the Monte Rufeno Nature Reserve safeguards past and present, nature culture and gastronomy of central Italy.

Meet wilderness between Sea & Mountains



Mercantour National Park



WHAT	Fauna & culture discovery
WHO	Adults, families, couples & friends
WHEN	4 days // 3 nights

Come live an intense emotion and an unforgettable experience closer to legendary animals from the Alps to the riviera. A stay reserved for a privileged few.

Taste of the Seasons



Appennino Lucano National Park



WHAT	Culture, gastronomy & nature
WHO	Adults, couples & friends
WHEN	4 days // 3 nights

In the hearth of Italian Apennines, get to know the lifestyle, traditions and amazing natural heritage of the most recently declared Italian National Park.

The **MEET Network** would like to invite you to become familiar with the new packages we are offering during the European Spring (April-May) and Autumn (September-November) of 2015. We have big plans to expand and develop our activities in many more Mediterranean Protected Areas, and hope that you can join us for a unique Mediterranean experience.

Culture. Experience the culture by cooking all of your own meals and joining a family fiesta, learn to make olive oils and wines, and hear stories of ancient ancestors over home-cooked meals.

Lands. Discover lands unseen by the everyday tourist, trekking through artist-inspired and stunning cliff landscapes. Cycle your way through olive groves, feel the enchantment of ancient woods and contribute to the conservation of Cedar forests.

Sea. Snorkel in crystal clear seas known only by locals to uncover ancient archaeological remains, fish your lunch with local fishermen and contribute to turtle conservation with protected area managers.



For an official invitation to the **European Spring or Autumn Familiarisation tours** to be held in April/June and September/November 2015, or to discuss opportunities for collaboration, please contact:

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More about the MEET network

www.meetnetwork.org

For more details about the MEET project and partners

www.medecotourism.org

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Lead partner



Project partners

